

At-Home Spa – Sugar Scrub Recipe

Sugar Scrub

- Medium Bowl
- 1/2 Cup of Sugar
- 3 - 4 Tbsp. of Olive Oil
- Spoon
- Skin Safe Fragrance Oil (Optional)

Directions:

Step 1: Pour ½ cup sugar in a bowl

Step 2: Add 3-4 Tbsp Olive Oil

Step 3: Let the oil completely saturate the sugar.
Mix until the oil is absorbed by the sugar.

Step 4: It's ready to use!
Rub small amount on your hand (or body), then rinse and pat dry for soft, supple skin!

Store with a lid at room temperature. Use within 1-2 weeks.

